

“Pole -- licious”

**PEOPLE'S
YOGA, HEALTH & DANCE**

Learn to Work the Pole!

**The most delicious workout your body will ever
taste!!*



FREE-- TRIAL CLASSES

FEB. & MARCH-- SATURDAYS 3:00-4:00 PM

Location: 365 W 6th Street, San Pedro, CA 90731

310-547-2348

www.peoplesyogahealthdance.com

*****Space is limited. Sign up now to reserve your spot.***

Barbara Robinson, Certified pole fitness instructor

Must be 18 or older to take this class

**** 6 -Week Beginner's Intensive Workshops Available***

Wednesdays from 6:15 --7:30 pm