

# *“Pole -- licious”*

**PEOPLE'S  
YOGA, HEALTH & DANCE**

*Learn to Work the Pole!*

*\*The most delicious workout your body will ever  
taste!!*



***FREE-- TRIAL CLASSES***

***FEB. & MARCH-- SATURDAYS 3:00-4:00 PM***

*Location: 365 W 6<sup>th</sup> Street, San Pedro, CA 90731*

*310-547-2348*

*www.peoplesyogahealthdance.com*

***\*\*Space is limited. Sign up now to reserve your spot.***

***Barbara Robinson, Certified pole fitness instructor***

*Must be 18 or older to take this class*

***\* 6 -Week Beginner's Intensive Workshops Available***

*Wednesdays from 6:15 --7:30 pm*